



What is a Residential Care Home?

Residential Care Homes offer the opportunity for persons needing care to receive assistance in a home setting. Care is provided in actual houses which are located in residential neighborhoods. The intimate feeling of these homes make them an excellent choice for memory care, giving clients the comfort of a familiar setting. Residential Care providers offer care ranging from assisted living services to more skilled nursing, with many specializing in memory care, Alzheimer's or other forms of dementia, Parkinson's, mental health, and more complex medical or physical needs. Most homes can care for clients until the end, adding hospice services when needed.

One of the foremost reasons to choose a Residential Care Home is because they offer professional and caring services with a high staff-to-client ratio. A senior who is unsettled in a large apartment-style setting will often be more calm and peaceful in a home. The high staffing ratio means that our clients can easily receive reassurance and redirection to relieve anxiety, frustration or confusion. Continuity of care is improved because there are no interdepartmental miscommunications like large setting have, and the staff really get to know the clients.

Clients in Residential Care Homes have easier access to socialization than if they were isolated in an apartment. Sitting in the living room or dining room allows our clients to interact with guests and visiting family members, engage in interactions with staff, participate in daily life activities like baking, cleaning, and other chores as well as entertainment. The environments are warm and inviting, which makes it a place that even the grand kids want to come to!

Residential Care Homes are fully licensed and have State oversight and requirements. To learn more about Residential Care Homes and the great providers who are in the Twin Cities area, visit www.residentialcaremn.org. Give one of us a call, because the coffee pot is always on!

www.ResidentialCareMN.org